**Safety Instructions**

This rack unit must be placed on a level surface. Failure to do so can result in unit failure, poor product performance, or a possible “tipping” safety hazard. Make sure all the beams are securely anchored to the post by using the plastic push clips. Failure to do so can cause the beams to shift under load and “unhook” from the post slots. **DO NOT STAND ON THE UNIT OR USE THE UNIT AS A LADDER! DO NOT OVERLOAD!** Evenly distribute the weight on each shelf, and keep the heaviest loads on the bottom shelf. Use care when working with metal parts.

**General Instructions**

Muscle Rack Bulk Storage Rack is engineered to offer maximum flexibility as well as ease and quickness of assembly. The rack units can stand individually, or for greater stability, be joined together using a common post. Individual beams can be adjusted without disturbing the beams in adjoining units. These instructions should be followed exactly. All parts supplied must be used as shown. Any alteration or deviation from this instruction sheet can result in unit failure. After the unit is assembled, it must be placed on a level surface.

**Assembly Instructions**

Attach the beams to the welded end frames as seen in figure 1. Use both welded end frames to establish the left and the right sides of the units. After a beam has been placed to the end units, place a plastic push clip into the hole of the beam clip, then tap with a hammer to drive the clip into the end frame post to secure the beam to the end frame (see figure 1). **Note: If the beam end clip tabs become bent due to mishandling, it may be necessary to adjust the tabs back to their proper form.**

The completed unit should have three (3) levels evenly spaced for maximum stability. **Note: Although the beams are adjustable in height, it’s recommended to evenly space them so that the stability of the unit is not compromised.**

After the beams are in place, the tie bars are now to be fastened. Each level requires one (1) tie bar. Slide the slot of the tie bar into the shelf ledge of the beam, and align the hole located in the center of the beam to the hole of the tie bar. Place the nut and bolt through the holes and tighten appropriately (see figure 2).

Place the particle board shelving to each level to complete the unit.

Should you have any comments, damage, missing parts, or problems with assembly of this unit please feel free to contact our Muscle Rack manufacturing facility at, (773) 475-3000 and request customer service. To obtain replacement parts, please provide the following information:

- Model #
- Part # & Description
- Location Purchased
- Date Purchased

Made in the U.S.A.
Chicago, IL